
OUTLINE FOR PARASITIC ENERGY ATTACHMENT REMOVAL

1. Watch video summary of process: [CLICK HERE FOR VIDEO](#)
 - This is mandatory for understanding the process.
2. Self-preparation & shadow work:
 - Prepare yourself by doing shadow work and identifying the areas within yourself where you are feeding vampiric or negative energies and have a replacement plan for addictive or destructive looping behaviors and thought patterns.
 - These will be the areas that you will use in the sections below for “Repent”, “Renounce & Announce.”
3. Create your space for conducting the protocol:
 - Make your area comfortable, clean, and clear so you won’t have any distractions, interruptions, or peripheral interference.
4. Call in protection:
 - Call in protection from your guides, guardians, or ascended teachers/masters and your higher self. (You can also say “I put on the full armor of God”. I recommend calling in Mother Mary)
5. Energetically clear your space from interference:
 - Do a clearing of your surrounding your sacred sovereign space.
6. Breathe, relax, ground into your body:
 - Breathing exercise example: Inhale through your nose for 4 counts, hold for 4 counts, exhale out of your mouth for 8 counts, hold out for an additional 4 counts. Repeat three times. (holding a longer exhale will automatically relax your parasympathetic nervous system)
7. Announce permissions in the astral:
 - *“I now enter this clearing in full trust as a child of the one true Source/God/Creator. With the power of Yeshua/Eesa/Jesus and his embodiment of the Christ Consciousness, I ask and thank Yeshua/Eesa/Jesus to act on my behalf in the astral and spirit realm.”*
 - If you do not feel comfortable calling on Yeshua use another 5th Density or higher ascended being.
8. Repent:
 - *“I am sorry and I repent for _____”*
 - Example: *“I am sorry and I repent for all the times I withheld forgiveness”*



- Say each one three times.

9. Renounce and announce:

- *"I renounce _____ and I announce _____"*
- Example: *"I renounce withholding forgiveness and I announce granting forgiveness and compassion for those who have hurt me."*
- Repeat each one three times.

10. Affirm abolishment of legal rights:

- *"I have fully repented and renounced all transgressions before Source/God/Creator and now all demonic forces and entities connected to my sacred energy no longer have rights to stay attached to me."*
- *"Yeshua/Eesa/Jesus, I _____ (Say your full legal name), ask for your assistance and I give you permission and the power to act on my behalf to drive out and cut all cords and attachments to parasitic and demonic entities and take them to their next stage of evolution or return them to Source/God/Creator for transmutation."*
- *"I shine the Christed light of truth on all demonic forces and entities, organic and inorganic that have taken residency in my mind-body-spirit complex and in the name of Jesus Christ I now bind up these energies and their sources so they cannot harm me any further. All the cords to any outside spirits are completely severed and cast off in the name of Jesus Christ."*
- *"In the name of Yeshua/Eesa/Jesus, I dry up all the waters from which any demonic forces have been drinking. With the power of Christ's light I diminish the kingdom that any and all demonic forces have built and I eradicate all cords, portals, and parasitic attachments that were connected to my mind-body-spirit complex throughout the morphogenetic field across all timelines and dimensions."*
- *"In the name of Yeshua/Eesa/Jesus I abolish all agreements and contracts that infringe on my sovereignty and my sacred space."*
- To break generational contracts and curses, repeat the below line 3 times:
 - *"In the name of Yeshua/Eesa/Jesus, I break and free myself from all generational contracts and curses."*

11. Final command cast out:

- *"With the power of Yeshua/Eesa/Jesus and the Christed light, I cast out all negative entities, organic and inorganic from my mind, body, and spirit. I command all demonic forces to leave my mind, body, and spirit immediately."*



- Repeat three times.

12. Receive:

- *“As a child of the divine Source/God/Creator, I receive with every fiber of my being, the infinite and unconditional love, compassion, and grace from the nurturing divine mother of creation and the protection and infinite love from the divine father. I wholly accept their love and I strengthen our connection. I install, anchor, lock, and seal the frequency of infinite unconditional love to deeply heal all wounded aspects of myself. May I feel and know my own worthiness as a divine being of creation.”*

13. Seal:

- *“I pronounce the completion of all energetic transformations made today and I anchor, lock, and seal my purification and my sovereignty throughout the morphogenetic field across all planes and times of existence. And so it is”.*

14. Give thanks:

- Give thanks and gratitude for the assistance of all guides, guardians, angels, and Yeshua/Eesa/Jesus.

15. Aftercare for integration:

- Drink plenty of water
- Get lots of rest
- Eat clean, healthy foods (avoid sugar)
- Stay grounded
- Move your body, keep the energy flowing: exercise, walk, stretch, yoga, massage
- Be gentle with yourself; spontaneous crying, exhaustion, and feeling emotional are normal symptoms
- Develop a daily habit of protecting and clearing your energy field as well as grounding, self-reflecting, and receiving

